

Official WCDF competition dance description 2014

Mama Loo

Maria Maag

Type : 32 Count, 4 Wall, Clockwise
Level : Social C
Music : "Mama Loo" by Harry Chris & Die Ohrwurmer (BPM 170)

SIDE, TOGETHER, FOWARD, ROCK

STEP 2X

1 RF Step R
2 LF Step together
3 RF Step forward
4 Hold
5 LF Step forward
6 RF Recover weight
7 LF Step backwards
8 RF Recover weight

¼ TURN R, SCISSOR STEP, WEAWE

9 LF ¼ Turn R, step L (3.00)
10 RF Step together
11 LF Cross over
12 Hold
13 RF Step R
14 LF Cross behind
15 RF Step R
16 LF Cross over

SIDE, HEEL SWIVEL 2X, KICK, WEAWE

17 RF Step R
18 RF Swivel heel out
19 RF Swivel heel back
20 RF Kick diagonally R forward
21 RF Cross behind
22 LF Step L
23 RF Cross over
24 Hold

STEP KICK 2X, SIDE, TOGETHER, FORWARD

25 LF Step L
26 RF Kick diagonally L forward
27 RF Step R
28 LF Kick diagonally R forward
29 LF Step L
30 RF Step together
31 LF Step forward
32 Hold

World Country Dance Federation