

Wasted

32 Count, 4 Wall, Improver

Choreographer: Jérôme Massiasse (FR) May 2013

Choreographed to: Wasted by Carrie Underwood, (95 bpm)
from Some Hearts CD

Intro: Start dancing on lyrics

S1 CROSS, SIDE, BEHIND SIDE CROSS, TRIPLE FULL TURN

- 1-2 Cross right over, step left side
- 3&4 Behind-side-cross right-left-right
- 5-6 Rock left diagonally forward, recover to right
- 7&8 Triple in place left-right-left turning a full turn left
Restart – here during walls 7 and 9.

S2 ROCK STEP, SAILOR ¼ TURN, CROSS, SIDE, BEHIND SIDE CROSS

- 1-2 Rock right forward, recover to left
- 3&4 Right sailor step turning ¼ right
- 5-6 Cross left over, step right side
- 7&8 Behind-side-cross left-right-left

S3 ¼ TURN STEP LOCK, TRIPLE STEP, STEP ½ TURN, SAILOR STEP

- 1-2 Turn ¼ right and step right forward, lock left behind
- 3&4 Locking chassé forward right-left-right
- 5-6 Step left forward, turn ½ right (weight to right)
- 7&8 Right sailor step

S4 ROCK STEP & ROCK STEP, STEP ½ TURN, ¼ TURN CHASSE

- 1-2 Rock left forward, recover to right
- &3-4 Step left together, rock right forward, recover to left
- &5-6 Step right together, step left forward, turn ½ left and step right back
- 7&8 Turn ¼ left and chassé side left-right-left

RESTART - Restart after count 8 on walls 7 and 9

Music download available from iTunes