



Dance It Out

Choreographers: Janine Rohrer (CH) & Daniel Trepát (NL)

~Official GOLD competition dance 2022 - 2023~

Type of dance: 32 Count, 2 Walls - Line Dance
 Level: Absolute Beginner
 Music: "Dance It Out" by Poppy
 Intro: 16 counts from first beat in music (app. 7 seconds into track)

Counts	Footwork	End facing
1 – 8	Bump R 2x & Bump L 2x - Repeat	
1 – 2	Bump hip R (1), Bump hip R (2)	12:00
3 – 4	Bump hip L (3), Bump hip L (4)	12:00
5 – 6	Bump hip R (5), Bump hip R (6)	12:00
7 – 8	Bump hip L (7), Bump hip L (8)	12:00
9 – 16	Side, Close, Side, Touch, Side, Close, Side, Touch	
1 – 2	Step R to R side (1), Step L next to R (2)	12:00
3 – 4	Step R to R side (3), Touch L next to R (4)	12:00
5 – 6	Step L to L side (5), Step R next to L (6)	12:00
7 – 8	Step L to L side (7), Touch R next to L (8)	12:00
17 – 24	Marching Steps ½ Turn L	
1 – 8	Marching steps in place on every count while turning ½ turn L (starting with R) (1 - 8)	6:00
25 – 32	Step R out, Hold, Step L out, Hold, Hands Up, Hold, Shake	
1 – 2	Step R out to R side (1), Hold (2)	6:00
3 – 4	Step L out to L side (3), Hold (4)	6:00
5 – 6	Hands up in the Air (5), Hold (6)	6:00
7 – 8	Shake hands (7 - 8)	6:00
Bridge	After wall 7th repeat last 8 counts (Count 25 to 32) and restart the dance	