



# Praise The Dance

Choreographers: Guillaume Richard & Laura Bartolomei

~Official GOLD competition dance 2023 - 2024~

Type of dance: 32 Count, 2 Walls, Showdance – Line Dance  
 Level: Novice  
 Music: "Praise The Lord" by Breland ft. Thomas Rhett  
 Intro: 16 counts from first beat in music (app. 8 seconds into track)

Counts	Footwork	End facing
<b>1 – 8</b>	<b>Charleston Step, Coaster/Rolling vine L, 1/8 Turn L Brush, Coaster step</b>	
1 – 2	Touch R forward (1), Step R back (2)	12:00
3&4	Step L back (3), Step R next to L (&), Turn 1/4 L stepping L forward (4)	9:00
5 – 6	Turn 1/2 L stepping R back (5), Turn 1/4 L stepping L to L side (6)	12:00
7 – 8&	Turn 1/8 L brush R forward (7), Step R back (8), Step L next to R (&)	10:30
<b>Restart</b>	<b>in the 3<sup>rd</sup> (12:00) and 7<sup>th</sup> (6:00) wall</b>	
<b>8</b>	<b>Replace count 8 with: Turn 1/8 R touching R next to L &amp; then restart the dance</b>	
<b>9 – 16</b>	<b>1/2 Pivot Turn, 1/8 Pivot Turn, Jazz Box/Chassé</b>	
1 – 2	Step R forward (1), Turn 1/2 L stepping on L (2)	4:30
<b>Optional Arms</b>	<b>Both hands up on lyrics «Lord» (1), Both hands down (2)</b>	
3 – 4	Step R forward (3), Turn 1/8 L stepping on L (4)	3:00
5 – 6	Cross R over L (5), Step L back (6)	3:00
7&8	Step R to R side (7), Step L next to R (&), Step R to R side (8)	3:00
<b>17 – 24</b>	<b>1/8 Turn R, Step Fwd, Touch, Step Back, Coaster Step, Rock Step, Triple Step 7/8 Turn R</b>	
1&2	Turn 1/8 R stepping L forward (1), Touch R behind L (&), Step down on R (2)	4:30
<b>Optional Arms</b>	<b>Brush both hands backwards on side of legs (1), Brush both hands forward on side of legs (&amp;), Snap both hands (2)</b>	
3&4	Step L back (3), Step R next to L (&), Step L forward (4)	4:30
5 – 6	Rock R forward (5), Recover on L (6)	4:30
7&8	Turn 7/8 R doing a triple step R L R (7&8)	3:00
<b>25 – 32</b>	<b>Side Rock Step, Cross Shuffle, Gliding Box</b>	
1 – 2	Rock L to L side (1), Recover on R (2)	3:00
3&4	Cross L over R (3), Step R to R side (&), Cross L over R (4)	3:00
5&	Step R to R side (5), Turn 1/4 L dragging L towards R (&)	12:00
6&	Step L to L side (6), Turn 1/4 L dragging R toward L (&)	9:00
7&8	Step R to R side (7), Turn 1/4 L dragging L towards R (&), Step L to L side (8)	6:00
<b>Tag</b>	<b>after the 1<sup>st</sup> wall: Charleston Step</b>	
1 – 2	Touch R forward (1), Step R back (2)	6:00
3 – 4	Touch L back (3), Step L forward (4)	6:00