

# Nancy Mulligan

**COPPER** **NOB**  
BY THE POST

Count: 32

Wall: 4

Level: Improver

Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - March 2017

Music: Nancy Mulligan - Ed Sheeran : (amazon)



**Intro: 16 counts (9 secs)**

## **S1: HEEL GRIND & HEEL GRIND & CROSS SIDE BEHIND SIDE CROSS ROCK**

- 1-2& Right heel grind, Step left next to right, Step right next to left  
3-4& Left heel grind, Step right next to left, Step left next to right  
5&6& Cross right over left, Step left to left side, Cross right behind left. Step left to left side  
7-8 Cross rock right over left, Recover on left

## **S2: STOMP TOE HEEL TOGETHER, STOMP TOE HEEL TOGETHER, SIDE ROCK, BEHIND SIDE CROSS**

- 1&2& Stomp right to right side, Touch left toe to left side with left knee turned in towards right, Tap left heel to left side, Step left next to right  
3&4& Stomp right to right side, Touch left toe close to right with left knee turned in towards right, Tap left heel close to right, Step left next to right  
5-6 Rock right to right side, Recover on left  
7&8 Cross right behind left, Step left to left side, Cross right over left

## **S3: BALL CROSS, ¼, COASTER, WALK, ½, SHUFFLE ½**

- &1-2 Step left next to right, Cross right over left, ¼ right stepping back on left  
3&4 Step back on right, Step left next to right, Step forward on right [3:00]  
5-6 Walk forward on left, ½ left stepping back on right [9:00]  
7&8 ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [3:00]  
\*Restart Wall 1

## **S4: FWD ROCK & POINT, HOLD, & TOUCH & HEEL & SCUFF HITCH CROSS &**

- 1-2 Rock forward on right, Recover on left  
&3-4 Step right next to left, Point left toe forward keeping left leg straight, HOLD  
&5 Step left next to right, Touch right toe next to left  
&6 Step slightly back on right, Tap left heel forward  
&7&8 Step left next to right, Scuff right forward, Hitch right up, Cross right over left  
& Step left slightly to left side

\* RESTART: Wall 1 after 24 counts [3:00]

Thank You To Roni Kyte For Suggesting The Music

Dedicated To All The Dancers At Keeley's Event In Oxford

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