



Sadness

Choreographers: Fred Whitehouse (IRE) & Shane McKeever (N.IRE)

~Official GOLD competition dance 2022 - 2023~

Type of dance: 32 Count, 2 Walls, Nightclub - Line Dance
 Level: Advanced
 Music: "Sadness" by Connor Duermit
 Intro: 4 counts from first beat in music (app. 5 seconds into track)

Counts	Footwork	End facing
1 – 8	¼ Step Turn L, Weave, Behind Side Cross 1/8 R Hitch, Back R L, R, Back Rock Step, Full Turn	
1 – 2	Step R forward (1), ¼ turn L stepping L to L side (2)	9:00
&3&	Cross R over L (&), step L to L side (3), cross R behind L sweeping L to L side (&)	9:00
4&5	Cross L behind R (4), step R to R side (&), 1/8 turn R stepping L forward & hitching R knee (5)	10:30
6&7 – 8	Step R back (6), Step L back (&), Rock R back, looking over R shoulder (7), Recover on L (8)	10:30
&á	½ turn L stepping R back (&), ½ turn L stepping L forward (á)	10:30
9 – 16	½ Step Turn L, Run L R, Nightclub Basic L, Full Box Turn L, Step Lock Step, Step Fwd	
1 – 2&	Step R forward (1), ½ turn L stepping L forward (2), Step R forward (&)	4:30
3 – 4&	1/8 turn R stepping L a big step to L side (3), Close R behind L (4), Cross L over R (&)	6:00
5&6&	¼ turn L stepping R back (5), ¼ turn L stepping L forward (&), ¼ turn L stepping R back (6), ¼ turn L stepping L forward (&)	6:00
7&8&	Step R forward (7), Lock L behind R (&), Step R forward (8), Step L forward (&)	6:00
Restart	Here on wall 2 – facing 12:00	
17 – 25	¼ Turn L, Side, Touch, 1 1/8 Turn L, Hitch, ½ Turn L, Full Spiral, Step Fwd, ½ Turn R, 5/8 Turn R Rond De Jambe, Cross Rock Step	
1&	¼ turn L stepping R to R side reaching R arm forward (1), Touch L next to R pulling R arm in prepping body slightly R (&)	3:00
2&3&	¼ turn L stepping L forward (2), ½ turn L stepping R back (&), 3/8 turn L stepping L forward (3), hitch R knee slowly (&)	1:30
4&5	Step R forward (4), ½ turn L keep weight on R (&), Step on L & spiral full turn R (5)	7:30
6&7	Step R forward (6), ½ turn R stepping L back (&), ½ turn R stepping R forward, lifting L leg forward & up while doing the leg lift 1/8 turn R (7)	9:00
8 – 1	Cross rock L over R (8), recover on R & hitching L knee (1) <i>Styling for cross rock: bend in knees and collapse in upper body (8), straighten body (1)</i>	9:00
26 – 32	Cross, Side, Cross Rock Step, Side, Cross Rock Step, Rock Step, Cross ¼ Turn L, Full Turn L	
2&3	Cross L behind R (2), Step R to R side (&), Cross rock L over R (3)	9:00
4&	Recover on R (4), Step L to L side (&)	9:00
5&6&	Cross rock R over L (5), Recover on L (&), Rock R to R side (6), Recover on L (&)	9:00
7&	Cross R behind L (7), ¼ turn L stepping L forward (&)	6:00
8&	½ turn L stepping R back (8), ½ turn L stepping L forward (&)	6:00