



After Taste

Choreographer: Rachael McEnaney-White (USA)

~Official GOLD competition dance 2022 - 2023~

Type of dance:	96 Count (Part A = 32, Part B = 16, Part C = 16, Part D = 32), 3 Walls, Showdance - Line Dance
Level:	Advanced
Music:	"Taste" by 5 After Midnight
Intro:	16 counts from first beat in music (app. 9 seconds into track)
Sequence:	A, B, C, C, D, A, B, C, C, D, A, A, TAG, D, D

Counts	Footwork Part A 32 Counts	End facing
1 – 8	Kick Ball Step L (Relevé), Step Fwd, ¼ Turn L Sway, Hold, R Sway, ¼ Turn L	
1&2	Kick R forward (1), Step on ball of R in place (&), Step L forward in relevé (raised on L ball) (2)	12:00
3 – 4	Hold (still in releve on L ball) (3), Step R forward with R knee slightly bent like a lunge (4)	12:00
5 – 6	¼ turn L recovering on L as you sway upper body L (5), Hold (6)	9:00
7 – 8	Recover on R as you sway upper body R (7), ¼ turn L stepping L forward (8)	6:00
9 – 16	¼ Turn L, Side, Cross, ¼ Turn L, Step Back, L Heel, L Push (Or Camel), R Push (Or Camel), Walk L R	
1 – 2	¼ turn L stepping R to R side (1), Cross L behind R (2)	3:00
3 – 4	¼ turn L stepping R back (3), Touch L heel forward (4)	12:00
5 – 6	Push L ball in place (lowering heel) as you slide R back (5), Push R ball in place (lowering heel) as you slide L back (6)	12:00
Option 1	Step L in place as you pop R knee forward (5), Step R in place as you pop L knee forward (6)	12:00
Option 2	Step L forward (7), Step R forward (8)	12:00
17 – 24	Step Fwd, Full Spiral Turn R, Step Fwd with Sweep, Weave With Knee Pops/Camel Walk	
1 – 3	Step L forward (prepping upper body to L) (1), Full spiral turn R (weight remains on L) (2-3)	12:00
4	Step R forward & sweep L forward (4)	12:00
5 – 8	Cross L over R & pop R knee (5), Step R to R side & pop L knee (6), Cross L behind R & pop R knee (7), Step R to R side & pop L knee (8)	12:00
25 – 32	Cross Rock, Side, Cross, Unwind ½ Turn L, V Step With "Rain" Arm Styling	
1 – 2&	Cross rock L over R (1), Recover on R (2), Step L to L side (&)	12:00
3 – 4	Cross R over L (3), Unwind ½ turn L (weight ends on L) (4)	6:00
5 – 8	Step R diagonally R forward (5), Step L to L side (6), Step R back (7), Step L next to R (8) Arm Styling: As you do the V-step take both arms up (palms facing towards you) and sprinkle fingers bringing hands down for the lyrics "Rain Rain"	6:00
Counts	Footwork Part B 16 Counts	End facing
1 – 8	Full Box Turn Diagonal Slides (Step, Touch) To Each Corner R-L-R-L	
1 – 2	⅛ turn L stepping R to R Side (1), Touch L next to R (2)	4:30
3 – 4	¼ turn L stepping L to L side (3), Touch R next to L (4)	1:30
5 – 6	¼ turn L stepping R to R side (5), Touch L next to R (6)	10:30
7 – 8	¼ turn L stepping L to L side (7), 1/8 turn L touching R next to L (8)	6:00
9 – 16	Skate R L, Rolling Vine R Into Body Roll R, Side, Cross	
1 – 2	Skate R to R side (1), Skate L to L side as you prep upper body L (2)	6:00
3 – 4	¼ turn R stepping R forward (3), ½ turn R stepping L back (4)	3:00
5 – 6	¼ turn R stepping R to R side (start body roll to R) (5), Hold (continue body roll) (6)	6:00
7 – 8	Step L in place (7), Cross R behind L (8)	6:00
	Part C & D are on next page	

Counts	Footwork Part C 16 Counts	End facing
1 – 8	Side & Touch 2x, Step Back L R, Step L Back (Big Step), Hold	
1 – 2	Step L to L side (1), Touch R next to L (2), Optional arm styling: Take L arm out to L side (1), Pull L hand in leading with elbow (2)	6:00
3 – 4	Step R to R side (3), Touch L next to R (4), Optional arm styling: Take R arm out to R side (3), Pull R hand in leading with elbow (4)	6:00
5 – 6	Step L diagonally L back (5), Step R diagonally R back (6)	6:00
7 – 8	Big step L back (7), Hold & collect R towards L (8)	6:00
9 – 16	Ball Cross, Rock With Chest Pops, Cross, ¼ Turn L, Step Fwd, Rock With Chest Pops, Cross	
&1	Step R on ball to R side (&), Cross L over R (1)	6:00
2 – 3	Rock R to R side & pop chest (2), Recover on L & pop chest (3)	6:00
4 – 5	Cross R behind L (4), ¼ turn L stepping L forward (5)	3:00
6 – 8	Rock R to R side & pop chest (6), Recover on L & pop chest (7), Cross R behind L (8)	3:00
Note	You will always do Part C twice meaning you will end facing 12.00 ready to do Part D	
Counts	Footwork Part D 32 Counts	End facing
1 – 8	Side, Close & Hitch, Side, Close, 3 Points (With Finger) R-L-R. Ball Changes In Place 2x	
1 – 2	Step L to L side & ½ turn L (1), Step R next to L & hitch L knee (2)	10:30
3 – 4	Step L to L side (3), ½ turn R stepping R next to L (4)	12:00
5&6	Point R finger (and arm) up to R diagonal (5), Point L finger (and arm) out to L side (&), Point R finger (and arm) down to R diagonal (6)	12:00
&7&8	Rock R on ball back (&), Recover on L (7), Rock R on ball back (&), Recover on L (8)	12:00
9 – 16	½ Turn R Swiveling Heels R Then L, Walk R L R, "Slap Slap, Clap, Slap Slap, Snap Snap" With Side Steps L, Flick	
&1	Making ½ turn R on count &1: Swivel R heel in towards L (drop R heel down, feet are now heels together) (&), Swivel L heel to L (drop L heel taking weight L, option to hitch R knee) (1)	6:00
2 – 4	Step R forward (2), Step L forward (3), Step R forward (4)	6:00
5&6	Step L to L side & slap/swipe hands back on thighs (5), Swipe/slap hands forward on thighs (&), Step R next to L as you clap hands (6)	6:00
&7	Slap front of R thigh with R hand (&), Slap front of L thigh with L hand & step L to L side (7)	6:00
&8	Snap/click fingers of R hand to R side (&), Snap/click fingers of L hand to L side & flick R foot up behind L (8)	6:00
17 – 24	Side & Flick, Cross, Side, Close, V-Step On Heels, L Heel, L Close, R Heel, R Close	
1 – 2	Step R to R side & flick L foot back (1), Cross L over R (2)	6:00
3 – 4	Push R out to R side (3), Step R next to L (4)	6:00
5&6&	Step L heel diagonally L forward (5), Step R heel diagonally R forward (shoulder width apart from L) (&), Step L back (6), Step R next to L (&)	6:00
7&	Touch L heel forward (styling option: brush L shoulder with R hand) (7), Step L next to R (&)	6:00
8&	Touch R heel forward (styling option: brush R shoulder with L hand) (8), Step R next to L (&)	6:00
25 – 32	Step Fwd, ½ Turn R Bouncing Heels 3x, 2 Syncopated Lock Steps Fwd, Step Fwd	
1 – 4	Step L forward (1), ½ turn R bouncing both heels 3 times (weight ends R) (2-4)	12:00
5&6	Step L diagonally L forward (5), Lock R behind L (&), Step L diagonally L forward (6)	12:00
&7&8	Step R diagonally R forward (&), Lock L behind R (7), Step R diagonally R forward (&), Step L forward (8)	12:00
Note	After the tag you do part D twice, in order to start the 2nd time part D on L you need to change the last count of 25-32, instead of stepping L forward on count 8 you will touch L next to R	
TAG	After doing A twice you will finish the end of A (V step) facing 12.00, add the following 4 count tag and then start part D	
1 – 4	Step R to R side (1), Hold (option to take arms up out to each side) (2,3,4)	12:00