



Skinny Love

Choreographer: Barbara Seelt

~Official GOLD competition dance 2024 - 2025~

Type of dance: 48 Count, 2 Walls, Waltz - Line Dance
 Level: Advanced
 Music: "Skinny Love" by DJ Ice ft. Lenna
 Intro: 24 counts from first beat in music (app. 17 seconds into track)

Counts	Footwork	End facing
1 – 6	Cross, Chassé, Twinkle L	
1 – 2&3	Cross L over R (1), Step R to R side (2), Step L next to R (&), Step R to R side (3)	12:00
4 – 6	Turn $\frac{1}{8}$ R stepping L forward (4), Step R forward (5), Turn $\frac{1}{4}$ L stepping L forward (6)	10:30
7 – 12	Cross, Full Spiral Turn L, Piqué $\frac{1}{2}$ Turn L 2x, Full Rondé Turn L	
1 – 3	Cross R over L (1), Start full spiral turn L (2), Finish full spiral turn L, weight ends on R (3)	10:30
4 – 6	Turn $\frac{1}{2}$ L stepping L forward, open R knee (4), Turn $\frac{1}{2}$ L stepping R back, open L knee (5), Full turn L stepping L forward with R sweep forward (6)	10:30
Option	Step L forward (4), Turn $\frac{1}{2}$ L stepping R backwards (5), Turn $\frac{1}{2}$ L stepping L forward (6)	
13 – 18	$\frac{1}{2}$ Pivot Turn L, Step Fwd, Triple Fwd, $\frac{1}{8}$ Turn R	
1 – 3	Step R forward (1), Start $\frac{1}{2}$ turn L (2), Finish $\frac{1}{2}$ turn L stepping L forward (3)	4:30
4 – 5&6	Step R forward (4), Step L forward (5), Step R next to L (&), Turn $\frac{1}{8}$ R stepping L forward (6)	6:00
19 – 24	Check, Cross, Full Rondé Turn R	
1 – 3	Cross R over L (1), Recover on L (2), Step R to R side (3)	6:00
4 – 6	Cross L over R (4), Unwind full turn R sweeping R back (5-6)	6:00
25 – 30	Twinkle R Back, $\frac{3}{8}$ Slip Pivot Turn R, Step Fwd, $\frac{1}{2}$ Reverse Turn R	
1 – 3	Turn $\frac{1}{8}$ R stepping R back (1), Step L back (2), Turn $\frac{1}{4}$ L stepping R back (3)	4:30
4 – 5&6&	Step L back (4), Turn $\frac{3}{8}$ R stepping R forward (5), Turn $\frac{1}{2}$ R stepping L back (&), Cross R over L (6), Step L back (&)	3:00
31 – 36	$\frac{1}{2}$ Turn R, Step Fwd, $\frac{3}{4}$ Rondé Turn R, L Twinkle	
1 – 3	Turn $\frac{1}{2}$ R stepping R forward (1), Start $\frac{3}{4}$ turn R sweeping L forward (2), Finish $\frac{3}{4}$ turn R sweeping L forward (3)	6:00
4 – 6	Turn $\frac{1}{8}$ R stepping L forward (4), Step R forward (5), Turn $\frac{1}{4}$ L stepping L forward (6)	4:30
37 – 42	$\frac{7}{8}$ Lock Turn L, Full Lock Turn L	
1&2 – 3	Step R forward (1), Turn $\frac{1}{8}$ R stepping L to L side (&), Turn $\frac{1}{4}$ R stepping R back (2), Turn $\frac{1}{2}$ R crossing L behind R (3)	3:00
4&5 – 6	Step R forward (4), Turn $\frac{1}{4}$ R stepping L to L side (&), Turn $\frac{1}{4}$ R stepping R back (5), Turn $\frac{1}{2}$ R crossing L behind R (6)	3:00
43 – 48	$\frac{1}{2}$ Feather Turn R, Step Fwd $\frac{3}{4}$ Turn R With Sweep	
1 – 3	Turn $\frac{1}{4}$ R stepping R forward (1), Turn $\frac{1}{8}$ R stepping L forward (2), Turn $\frac{1}{8}$ R stepping R forward (3)	9:00
4 – 6	Step L forward (4), Start $\frac{3}{4}$ turn R (5), Finish $\frac{3}{4}$ turn R, stepping on R & sweeping L forward (6)	6:00