



I Do Polka

Choreographers: Fred Whitehouse (IRE) & Shane McKeever (N.IRE)

~Official GOLD competition dance 2022 - 2023~

Type of dance: 48 Count, 2 Walls, Polka - Line Dance
 Level: Intermediate
 Music: "I Do Thing" by Kylie Frey
 Intro: 16 counts from first beat in music (app. 7 seconds into track)
 Tag: 16 counts after 2nd, 4th (only the first 8 counts) & 6th wall (always happens at 12:00)

Counts	Footwork	End facing
1 – 8	Step ½ Turn L, Shuffle ½ Turn L, Skip R & L, L Coaster Step	
1 – 2	Step R forward (1), ½ turn L stepping L forward (2)	6:00
3&4	¼ turn L stepping R to R side (3), Step L next to R (&), ¼ turn L stepping R back (4)	12:00
5&6	Scoot R back hitching L (&), Step L back (5), Scoot L back hitching R (&), Step R back (6)	12:00
7&8	Step L back (7), Step R next to L (&), Step L forward (8)	12:00
9 – 16	Rock Step R, Close, Rock Step L, Touch L Behind, Unwind ½ Turn L, Out Out, In In	
1 – 2	Rock R to R side (1), Recover on L (2)	12:00
3 – 4	Step R next to L (&), Rock L to L side (3), Recover on R (4)	12:00
5 – 6	Touch L behind R (5), Unwind ½ turn L stepping L forward (6)	6:00
7&8	Step R out to R side (&), Step L out to L side (7), Step R to centre (&), Step L next to R (8)	6:00
17 – 24	Chassé R, ¼ Turn L, Chassé L, Kick & Touch, Step Back, Big Step R, Slide	
1&2	Step R to R side (1), Step L next to R (&), Step R to R side (2)	6:00
3&4	¼ turn L stepping L to L side (3), Step R next to L (&), Step L to L side (4)	3:00
5&6&	Cross kick R over L (5), Step R down (&), Tap L behind R (6), Step L back (&)	3:00
7 – 8	Step R a big step to R side (7), Collect L towards R (8)	3:00
25 – 32	¼ Turn R, Step ½ Turn R, ¼ Turn R, Chassé, Cross Rock, Side, Point, ¼ Turn L, Flick Back	
1 – 2	¼ turn R stepping L forward (1), ½ turn R stepping R forward (2)	12:00
3&4	¼ turn R stepping L to L side (3), Step R next to L (&), Step L to L side (4)	3:00
5 – 6	Cross rock R over L (5), Recover on L (6)	3:00
7 – 8	Step R to R side (&), Point L to L side (7), ¼ turn L stepping on L & flicking R back (8)	12:00
33 – 40	Step Fwd, Flick & Slap, Step Back & Knee Slap, Out Out, Jump Close, Charleston Step	
1&2	Step R forward (&), Flick L up behind R slapping L foot with R hand (1), Step L back (&), Hitch R knee slapping knee with L hand (2)	12:00
3 – 4	Step R out to R side (&), Step L out to L side (3), Jump feet together (4)	12:00
5&6	Swivel both heels out (&), Swivel heels in & point R forward (5), Swivel both heels out (&), Swivel heels in & Step R back (6)	12:00
7&8	Swivel both heels out (&), Swivel both heels in & point L back (7), Swivel both heels out (&), Swivel both heels in & step L forward (8)	12:00
41 – 48	Point ¼ Turn L 2x, Step Fwd, Hitch, Rock Step With Claps, Step Fwd	
1 – 2	¼ turn L pointing R to R side (1), ¼ turn L pointing R to R side (2)	6:00
3 – 4	Step R forward (3), Hitch L knee (4)	6:00
5&6&	Rock L forward (5), Clap at shoulder height (&), Recover on R (6), Clap at hip level (&)	6:00
7&8	Step L forward (7), Clap twice at shoulder level (&8)	6:00
TAG	Here after 2nd, 4th (only the first 8 counts of the tag) & 6th wall	
1 – 8	Step ½ Turn 2x, V Step	
1 – 4	Step R forward (1), ½ turn L step L forward (2), Step R forward (3), ½ turn L step L forward (4)	12:00
5 – 8	Step R diagonally R forward (5), Step L diagonally L forward (6), Step R back to centre (7), Step L next to R (8)	12:00
9 – 16	Full Chassé Box	
1&2	Step R to R side (1), Step L next to R (&), Step R to R side (2)	12:00
3&4	¼ turn L stepping L to L side (3), Step R next to L (&), Step L to L side (4)	9:00
5&6	¼ turn L stepping R to R side (5), Step L next to R (&), Step R to R side (6)	6:00
7&8	¼ turn L stepping L to L side (7), Step R next to L (&), ¼ turn L stepping L forward (8)	12:00