



Mr. Lonely

Choreographers: Serge Légaré & France Bastien

~Official GOLD competition dance 2023 - 2024~

Type of dance: 32 Count, ECS – Partner Dance
 Level: Partner Experienced
 Music: "Mr. Lonely" by Midland
 Intro: 24 counts from first beat in music (approx. 8 seconds)
 Starting position: Facing Position, Leader facing OLOD and Follower facing ILOD
 Leader and follower steps are opposite, unless indicated otherwise

Counts	Footwork	End facing
1 – 8	L: Chassé L, Rock Step, Chassé R, Rock Step ¼ L back F: Chassé R, Rock Step, Chassé L, Rock Step ¼ R back	
1 & 2	L: Step L to L side (1), Step R next to L (&), Step L to L side (2) F: Step R to R side (1), Step L next to R (&), Step R to R side (2)	OLOD ILOD
3 - 4	L: Rock R back (3), Recover on L (4) F: Rock L back (3), Recover on R (4)	OLOD ILOD
5 & 6	L: Step R to R side (5), Step L next to R (&), Step R to R side (6) F: Step L to L side (5), Step R next to L (&), Step L to L side (6)	OLOD ILOD
7 - 8	L: Turn ¼ L rocking L back (7), Recover on R (8) F: Turn ¼ R rocking R back (7), Recover on L (8)	LOD LOD
9 – 16	L: Strut with L, Strut ½ L Back, Shuffle ½ turn L, Step, Touch F: Strut with R, Strut ½ R Back, Shuffle ½ turn R, Step, Touch	
1 - 2	L: Step L toe forward (1), Drop heel down (2) F: Step R toe forward (1), Drop heel down (2)	LOD LOD
3 - 4	L: Turn ½ L stepping R toe back (3), Drop heel down (4) F: Turn ½ R stepping L toe back (3), Drop heel down (4)	RLOD RLOD
5 & 6	L: Turn ¼ L stepping L to L side (5), Step R next to L (&), Turn ¼ L stepping L forward (6) F: Turn ¼ R stepping R to R side (5), Step L next to R (&), Turn ¼ R stepping R forward (6)	LOD LOD
7 - 8	L: Step R forward (7), Touch L next to R (8) F: Step L forward (7), Touch R next to L (8)	LOD LOD
17 – 24	L: Step, Touch, Step ¼ R forward, Touch, Step ½ R back, Touch, Step ¼ R side, Touch F: Step, Touch, Step ¼ L forward, Touch, Step ½ L back, Touch, Step ¼ L side, Touch	
1 - 2	L: Step L to L side (1), Touch R next to L (2) F: Step R to R side (1), Touch L next to R (2)	LOD LOD
3 - 4	L: Turn ¼ R stepping R forward (3), Touch L next to R (4) F: Turn ¼ L stepping L forward (3), Touch R next to L (4)	OLOD ILOD
5 - 6	L: Turn ½ R stepping L back (5), Touch R next to L (6) F: Turn ½ L stepping R back (5), Touch L next to R (6)	ILOD OLOD
7 - 8	L: Turn ¼ R stepping R to R side (7), Touch L next to R (8) F: Turn ¼ L stepping L to L side (7), Touch R next to L (8)	LOD LOD
25 - 32	L: Rolling full turn L, Hold, Swivel R, Hold, Swivel L, Cross over ¼ R F: Rolling full turn R, Hold, Swivel L, Hold, Swivel R, Cross over ¼ L	
1 – 2	L: Turn ¼ L stepping L forward (1), Turn ½ L stepping R back (2) F: Turn ¼ R stepping R forward (1), Turn ½ R stepping L back (2)	OLOD ILOD
3 - 4	L: Turn ¼ L stepping L to L side (3), Hold (4) F: Turn ¼ R stepping R to R side (3), Hold (4)	LOD LOD
5 – 6	L: Swivel R diagonally forward (5), Hold (6) F: Swivel L diagonally forward (5), Hold (6)	LOD LOD
7 - 8	L: Swivel L diagonally forward (7), Turn ¼ R crossing R over L F: Swivel R diagonally forward (7), Turn ¼ L crossing L over R	OLOD ILOD